AWOGM

ANOINTED WOMEN OF GOD MINISTRY

AWOGM

2 TIM 3:16-17 (AMP)

Anointed Women Of God Ministry Magazine



Praise REPORT

Declare His glory
among the nations,
His marvelous works
among all the peoples!

Psalm 96 : 3 ESV

NOVEMBER 2026
VOLUME 1 EDITION 3

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Opening Message

AWAGM November 2026

2 TIM 3:16-17 (AMP)

> Let everything that has breath and every breath of life praise the Lord! Praise the Lord! (Hallelujah!)
>
> **Psalm 150:6 AMPC**

A song titled Praise by Elevation Church captures the Theme of this year's Thanksgiving service and how we, Anointed Women of God feel about our Lord Jesus Christ. Part of the lyrics of the song says …

"I'll praise when I feel it, and I'll praise when I don't
I'll praise 'cause I know You're still in control
'Cause my praise is a weapon, it's more than a sound
Oh, my praise is the shout that brings Jericho down
As long as I'm breathing
I've got a reason to
Praise the Lord oh my soul"

This year we have been learning how to do things right in our walk and work with God by the help of the Holy Spirit. He has taken us through learning to do things right as women, wives, mothers, His priests, in our relationship with Him and others and in every office He has called us to. God has taken us through different seasons this year, we have rejoiced (celebrating landmark birthdays, weddings, births, promotions, ordinations, etc) and also cried (HOME going of one of our Sisters, Pst Kumbi Oyefeso and some of our Parents) and every step of the way, He kept teaching us how to respond the right way as we faced the different situations He took us through. We have learnt how to wait "well" (still learning though) for prayers to be answered and we still have so many requests pending on our Altars, but we know and are fully persuaded that our **GOD HAS HEARD US AND IS FULLY IN CONTROL**.

No matter the outcome, we are learning to remember that **HE IS TOTALLY IN LOVE WITH US AND WHATEVER HE DOES IS BEST** and so we know He deserves our Praise because HE IS WORTHY to be praised. We are learning not to give Praise because He did something we term "good" but have learnt that Praise is more than thanking Him for what He has done, but saying to Him *"Father You are more than enough for us"*. It has really been a time of deep revelation this year, we have graduated from the school of "Milk Drinking" and now we are in the School of "Meat Eating". It has not been easy but every step of the way His Grace and Mercy has been and will continue to be sufficient for us.

The Bible says:
"Beloved friends, what should be our proper response to God's marvelous mercies? To surrender yourselves to God to be His sacred, living sacrifices. And live in holiness, experiencing all that delights His heart. For this becomes your genuine expression of worship. Stop imitating the ideals and opinions of the culture around you, but be inwardly transformed by the Holy Spirit through a total reformation of how you think. This will empower you to discern God's will as you live a beautiful life, satisfying and perfect in His eyes." ***Romans 12:1-2 TPT***

Paul here tells us we are to worship God with our lives because of His Mercies.

What is Mercy? Simply put it is when God does not give us what we deserve when we fail Him. When you think about it deeply without His Mercy we will not have any breath in our lungs, it is because of His mercy Christ



went to the cross to die for us. If Jesus Christ did not go to the Cross, can you imagine the number of sacrifices we will be making daily in the Temple. Can you imagine the long queues in church just to get to hear a personal Word from God (although a lot of people with very little understanding are still doing this and making the "Prophet's" rich), can you imagine the kind of punishment we will be getting daily because of our disobedience, I cannot even imagine it. When I read about how God punished the Israelites when they sinned, I sometimes wonder with the way we worship today, how we would have survived if Jesus Christ had not paid the Ultimate Price by dying for our sins and He is today sitting at God's right Hand constantly interceding for us. But for His Mercy, you and I will not be enjoying what we are enjoying today, as the Bible says, we will have been consumed.

As I look back, I can think of so many times I deserved God's judgment but instead He showed me Mercy, instances when wrong decisions have led me to wrong paths and I begged for Mercy and suddenly His Light appeared to lead me out of those situations, instances where He gave me instructions and I ignored them because I thought my way was better (one readily comes to mind that could have led to my physical death) and He literally rescued me and snatched me back from the jaws of death, that experience taught me **NEVER** to ignore His instructions again.

As I sit here writing, so many things are going through my mind that make me realize that truly only His Mercy has sustained me and will continue to sustain me as I remain attached to Him. God has proven to me over and over that because of His unfailing Love He cannot leave me in my mess, it is against is Nature, He is a Merciful and Compassionate God, His Mercy is with me 24/7, He is always looking at me through His Merciful and Compassionate eyes (I removed a few words here) and so the only thing I can do in gratitude for His Mercy, is make my life the **WORSHIP,** not just singing songs, but my whole life, my words, thoughts and deeds.

He has committed Himself to His Word that Mercy will follow me all my days, He is not a man to go back on His Word and as long as I acknowledge Him as my Shepherd, His Mercy will always come through for me. If He is my Shepherd then pleasing Him becomes my priority, not pleasing my flesh, yes I know I cannot be perfect till the perfect day when I meet Him in heaven but I will always be walking and working towards pleasing Him everyday, moving forward in my quest daily with the Holy Spirit helping me to transform my mind.

The Holy Spirit needs The Word of God, that is His Sword ***(Eph 6:17)***. He uses it to break down and destroy all wrong doctrines in my mind, nothing else can transform my mind. The Bible says "The weapons we use in our fight are not the world's weapons but God's powerful weapons, which we use to destroy strongholds.

We destroy false arguments; we pull down every proud obstacle that is raised against the knowledge of God; we take every thought captive and make it obey Christ." ***2 Corinthians 10:4-5 GNT*** and so only The Word, which is the Weapon of the Spirit can help transform our minds to make us living Sacrifices unto God. He uses the Word we know, the Word we have fed on and are feeding on that is inside of us to pull down and destroy every lie that is contrary to the Word of God and replaces it with the Truth (God's Word).

As He destroys them, our minds become transformed but remember He uses the Word we know, so we have a very important part to play in this process, we **MUST STUDY THE WORD REGULARLY**. The more time you spend with the Word of God, the more we see and walk in the Promises of God in your life, **THERE IS NO SHORTCUT.**

I pray for the discipline and grace needed to stay in The Word, to study it day and night so that on that perfect day He will receive my life as the worship I gave Him while here on earth in the name of Jesus Christ. This is my pray for anyone who is working towards the same goal.

As you join us at this Thanksgiving Service, we ask that you tap into the Spirit of "Unadulterated Praise", a Praise that has an Audience of One, Our Father in Heaven, and make that Praise one that He can inhabit and approve.

This will also be our focus in 2027, giving God **UNADULTERATED PRAISE,** by making ourselves the Praise. As we continue to learn to do things Right, our Prayer is that eventually our thoughts, words and deeds will be the Praise we give Him in the mighty name of Jesus Christ. We will be the Temples He inhabits and His glory will fill us from inside out in the name of Jesus Christ Amen.

Under Grace Under Mercy

Atinuke Olashore.

CONFESSION For NIGERIA

God has moved into
NIGERIA for good

God is in the midst of
NIGERIA

Arise shine NIGERIA for your
light has come and the glory
of the Lord is risen upon you

Joel 3:21, Isaiah 60:1

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ANOINTED WOMEN OF GOD MINISTRY
2 TIM 3:16-17 (AMP)
November 2026

as we have spoken

SCRIPTURES & CONFESSIONS

Declaring His Word

MARRIAGE:
ISA 49:15-16A,
ECCL: 4:11-12,
1 PETER 4:8





CHILDREN:
PHIL 1:6,
JOEL 2:28,
EPH 5:8-11



LIFE PARTNER:
GEN 2:18-25,
SONGS 3:4,
ECCL 4:9-10

TEMPTATION:
1 PETER 2:21-23,
ROM 6:14-18,
EPH 4:26-32



ELDERLY PARENTS:
ISA 40:29-31,
DEUT 34:7,
MATT 11:28-29



TRAVELING:
ISAIAH 45:1-2,
NUMBERS 6: 24-26,
PSALMS 34:8





FINANCES:
PROV 3:9-10,
DEUT 28:8-9/12,
MATT 6:31-33



CAREER:
PROV 3:3-4-6,
PROV 16:3,
PROV 22:29



NEW VENTURE:
PS 127:1-2,
PHIL 4:6,
2 TIM 1:7



FRUIT OF THE WOMB:
DEUT 7: 14,
ISAIAH 66:9,
JOB 5:25

FEAR:
PSALM 27:1-3,
PSALM 121: 5-8,
1 JOHN 4:18



HEALTH:
MATT 15:30-31,
1 PETER 2:24,
3 JOHN 1:2





Whatever He Says to You, Do It

"His mother said to the servants, 'Whatever He says to you, do it.'" – JOHN 2:5 (AMP)

At the wedding in Cana of Galilee, celebration suddenly faced a crisis: the wine ran out. Yet one detail changed everything – ***Jesus had been invited.***

He was not the host, wedding planner or supplier. He was simply present because He had been invited. And His presence became the difference between potential shame and extraordinary celebration. This is the first great truth of the story: ***Invitation is access.***

We must intentionally invite Jesus into every area of our lives, and not only into situations beyond our control. ***PROVERBS 3:5 – 6*** tells us to trust in the Lord with all our heart, lean not on our own understanding and acknowledge Him in all our ways. Invite Him into your marriage, family, career, finances, decisions, fears, disappointments and private struggles. Whatever you refuse to surrender to Christ, you continue trying to carry alone.

Then the wine ran out.

Throughout Scripture, wine carries imagery of joy, celebration, covenant and abundance. Its disappearance therefore paints a powerful picture of those seasons when something precious seems depleted. Peace can run low. Strength can fail. Resources can diminish. Joy can disappear.

Interestingly, most of the guests apparently knew nothing about the crisis. The celebration continued while, behind the scenes, there was nothing left to serve. Life can be like that. Everything may look wonderful outwardly while something is quietly emptying inwardly. ***People may not know when your wine is running out; but God does***.

Mary recognised the shortage and took it to Jesus. The Holy Spirit likewise knows the deepest condition of our hearts. First ***CORINTHIANS 2:10*** says the Spirit searches all things, while ***JOHN 16:13*** tells us that the Spirit of Truth guides us into truth. When something is failing beneath the surface, take it to Jesus.

Mary then gave the servants the instruction around which the entire message revolves:

"Whatever He says to you, do it."

Before there was a miracle, there was an instruction. Before manifestation came obedience. Jesus told the servants to fill six stone water pots with water. Naturally, it made little sense – they needed wine, not water. But ***ISAIAH 55:8 – 9*** reminds us that God's thoughts and ways are higher than ours. Faith sometimes requires obedience before understanding.

God may say forgive when you want to fight, wait when you want to move, move when you want to remain comfortable, give when you feel you have too little, or trust when everything around you contradicts His promise.

Doing it right means doing it His way.

The servants obeyed. ***JOHN 2:7*** records that they filled the pots "up to the brim." Not halfway. Not almost full. To the brim.

There is a lesson here: partial obedience is disobedience. God does not ask us to rewrite His instructions around our convenience. Saul discovered this when Samuel reminded him that obedience is better than sacrifice. Religious activity can never substitute for obedience to God.

Those six pots were ordinary vessels intended for ceremonial washing, yet Jesus used what was already available. He did not discard the vessels because they appeared ordinary. Likewise, never conclude that your limitations, history, disappointments or inadequacies make you unusable to God. ***Place what you have in His hands.***

After filling the pots, the servants were told to draw some out and take it to the headwaiter. They knew they had poured in water, yet they obeyed again.

And somewhere between obedience and fulfilment, ***water became wine.***

They supplied the water; Christ performed the transformation.

That distinction is crucial:
Your responsibility is obedience. The transformation belongs to God.

Your circumstances may say one thing, your resources another, and your history something else entirely. But none of them has the final word. **Jesus does.**

When the headwaiter tasted the wine, he was astonished. Ordinarily, the best wine was served first, but this time the best had been kept until now. What Jesus produced was not merely a replacement for what had been lost; it was better.

Perhaps something has run out in your own life and you have mistaken the shortage for the end of the story. Cana declares otherwise.

The wine running out was not the end because Jesus was still there.
Your disappointment does not have the final word. Your mistakes do not have the final word. Your limitations do not have the final word. Jesus Christ does.

And ultimately, this message is bigger than receiving a miracle. It is about surrendering to **the Miracle Worker**. Jesus is not merely Someone to call when life goes wrong. **He is Saviour and Lord.**

So, ask yourself: ***Have I truly invited Jesus into every area of my life? What has He already told me to do? Have I delayed, modified or partially obeyed His instruction?***

Hear Him. Trust Him. Obey Him. And when He says fill the pots, **fill them to the brim**.

You may see only water today, but Christ knows what He intends to bring out of it.
Invite Jesus. Trust Jesus. Obey Jesus. You handle the obedience, let Jesus handle the transformation.

And remember Mary's timeless instruction:
"WHATEVER HE SAYS TO YOU, DO IT."



Bible People Pairs

Try to untangle well-known Bible pairs of people in this unusual Bible word game. Two names have been woven together in each line. Can you separate them? You do not need to change the order of any of the letters.

Example:
J O M A S E R P H Y - Joseph & Mary

1. A D E A V E M _____
2. G O D A L V I A I T D H _____
3. B R O U T A H Z _____
4. J E S A C A O U B _____
5. S I P L A U A S L _____
6. D E S L A I M S L O A N H _____
7. C A B A I E L N _____
8. A B S R A A H R A M A H _____
9. M O A A S R E O N S _____
10. P A R I Q U I S C I L L A L A _____
11. M A M A R R T Y H A _____
12. S A N A P A P N H I I R A A S _____
13. I S I S H A M A A E C L _____
14. R A C L E H E A L H _____
15. C J O A S L H E U B A _____



Old Testament Crossword Puzzle

Guess the solutions to the clues and fill them in the grid.

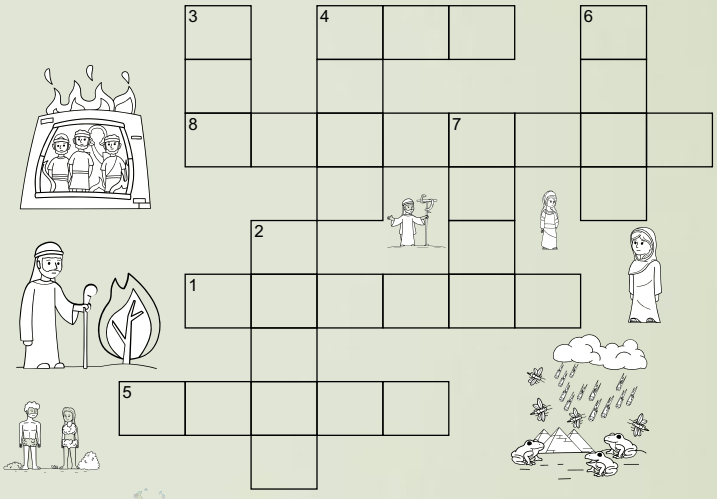


DOWN

2. God's love for people
3. Famous biblical figure who never lost faith
4. Bible character born after Cain
6. A man in charge of a biblical land
7. Biblical king replaced by David

ACROSS

1. Place where people prayed
4. Biblical ship that saved animals
5. Isaac's son
8. Something good given to you



THE BIRTH OF JESUS WORD SEARCH

S E H T O L C G N I L D D A W S R A D
F R S D I R K I N G O F T H E J E W S
R N A Z A R E T H E U R D B I R T H P
A U Z T V F L O C K S A T P Y G E S E
N X V A S N U I T F V I I Y J A O H Z
K G I F T S F V V I C M K O S M O L N
I D U F H I E X D N M C S T E L X P D
N N G F R U O I V A S E E H Y M A R Y
C S V C J D T C N W P J E S U S N A V
E M A N G E R U G H B L P H X I S N Q
N S U P A C E T K M H I Q W G S E G Q
S O N E B L L D S T R N A R S H Y E H
E K D N R O O B E I I W I O G E K L R
I C G O I R E B T Y R V U M N P C S R
K O F R E U M O Y G H T K I H E H Y
D Y B H L N E M E S I W C U D E N Y M
I G K T E L I S A B E T H W I R S F T
O L Z Z L V L L B X E B D N T D U B I
V H Y C I E Y C E H P O R P T S S H O

Angels
Bethlehem
Birth
Census
Christ
David
East
Egypt
Elisabeth
Jesus
Joseph
King of the Jews
Manger
Mary
Myrrh
Nazareth
Prophecy
Sacrifice
Flocks
Frankincense
Gabriel
Gifts
God
Gold
Herod
Holy Spirit
Immanuel
Saviour
Shepherds
Son
Star
Swaddling Clothes
Throne
Tidings
Virgin
Wisemen

PUZZLES

"Intelligent people are always ready to learn. Their ears are open for knowledge."Proverbs 18:15 (NLT)

Testimonies

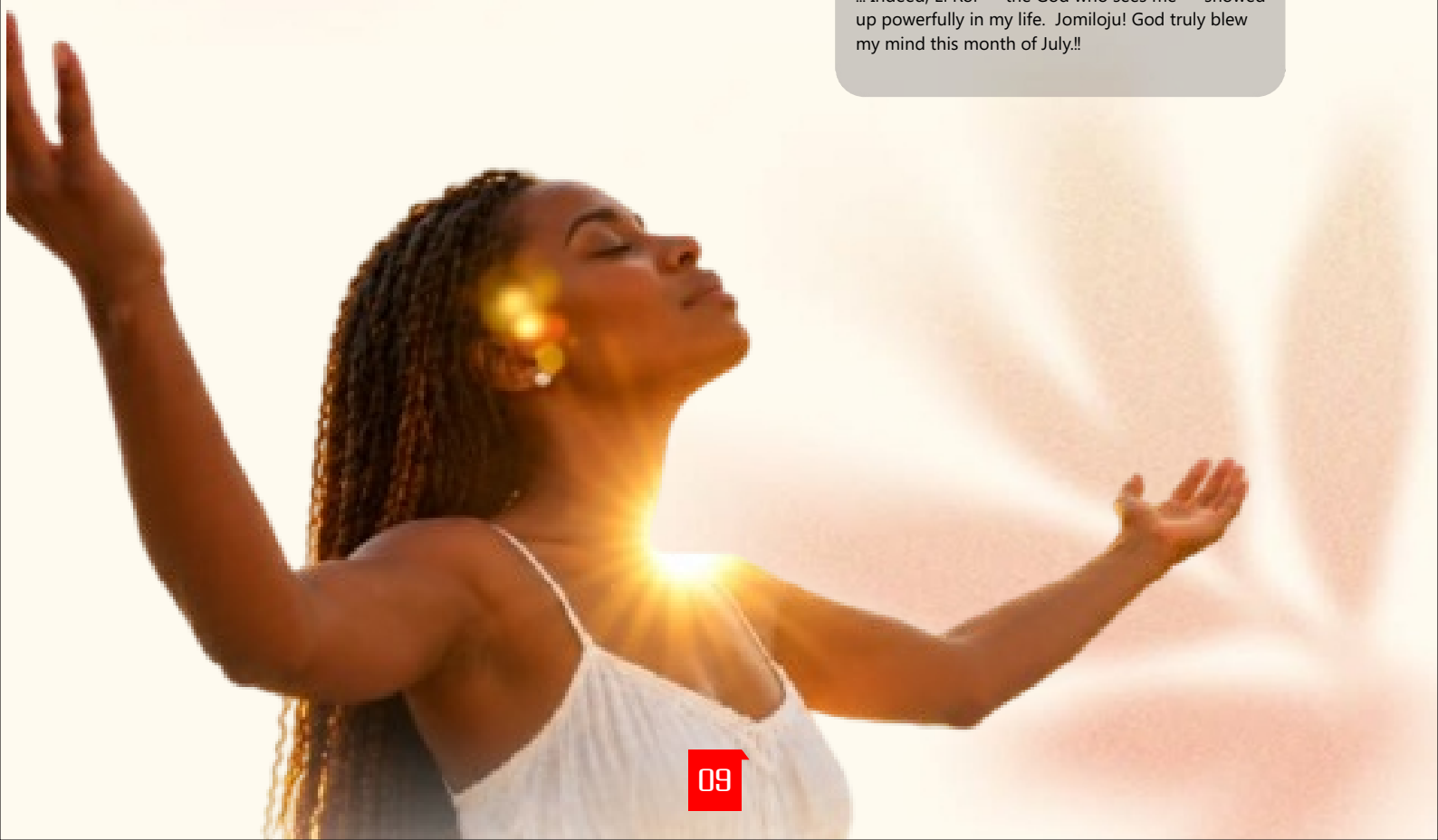
"And they overcame him by the blood of the Lamb, and by the word of their testimony" -Rev 12:11

... Indeed I am grateful that I belong to such a wonderful group... my tribe/band of sisters.

... I went back to the doctor for another test and to God be the Gloryyy... all my numbers were normal... NO chronic kidney disease. Hallelujah!!!

... Through it all, God has shown me how limitless He is. He has proven that He can restore, sustain, maintain and lead us even when life feels uncertain and broken....

... Indeed, El Roi — the God who sees me — showed up powerfully in my life. Jomiloju! God truly blew my mind this month of July.!!





Testimonies

"And they overcame him by the blood of the Lamb, and by the word of their testimony" -Rev 12:11

I have so many things I am grateful for, and though I may not always find the perfect words to express it, I want to share what God has done in my life

I give God all the glory for the joy of seeing my first daughter get married, how He provided and sorted us out and now preparing to celebrate the wedding of my second daughter. I know it's only God. These are moments I once only dreamed of, and I see God's hand in every step of our lives.

I also thank Him for the approval of my green card. That journey was filled with uncertainty, waiting, and moments where I did not know what the outcome would be. At different points, I wondered if I took the right step coming over even though I have a business back home. But God was faithful through it all. Being out of the country has also made me value my country more than ever.

I also want to specially acknowledge the sister God used in my life during that season. In a moment when I was anxious and overwhelmed, she brought me a word from the Lord: “Be still and know that I am God.” That word became a lifeline for me. It reminded me that I was not in control, but God was, and I could rest in His sovereignty. I am deeply grateful for her obedience to God and for being a vessel of His peace in my life.

Beyond these blessings, I am especially grateful for the deeper work God has done in my heart. Through the very difficult season of being divorced from my husband, I honestly thought I would not be able to cope. There were moments of pain, fear, and doubt about the future.

But God met me in that place. I would joke and play outwardly but in the privacy of my room, I would cry my heart out. He carried me when I felt weak, and He opened doors I thought were impossible. He lifted me to levels I did not know I could reach, both spiritually and personally. Everything happening to us, God already prepared a place of rest for us. I can't even imagine what would have happened to me if God hadn't brought me to this community AWOG….This is where I learned to wait on God. This is where I learned to pray. Thank you PT for heeding God's call. Thank you for inviting me. My anchor verse, my most favorite “I used to wander off until you disciplined me; but now I closely follow your word.”

Psalms 119:67 NLT really played out in my life. I wouldn't say I'm there but through this journey I have found God. I can't live anymore without Him. I know to run back quickly to Him when I make mistakes. Our own part is to labour to enter that rest. In the process, He gave me a new and deeper faith in Him. What the enemy meant for evil, God turned it around for good.

Through it all, God has shown me how limitless He is. He has proven that He can restore, sustain, maintain and lead us even when life feels uncertain and broken.
I have also learnt He will meet us at our level whatever that is.

Today, I stand in gratitude, I stand in awe of God, not because everything was easy, but because God was faithful in every season. I give Him all the glory for what He has done and for who He continues to be in my life. Faithful.
Hallelujah PRAISE GOD

— ***Anonymous***

I want to thank God for His mercy and grace upon my life. A few months back, I noticed that each time I picked a promise, it was always about healing. I thought, 'Lord, I'm not sick, why am I picking promises on healing?' I didn't know God was preparing me. Beginning of May, I slept and when I woke up, I couldn't walk. I was shocked. I was told I had sciatica nerve pain, it was terrible. The pain was so much at night at times, that I would just be weeping. I consulted with two doctors but all the medical intervention did not work. So, I remembered God's word, and I started praying. The only time I got relief was when I was walking or praying. People started telling me it would last months. A friend said hers lasted eight months. I said, 'Father, that will not be my portion'. And God shortened it! With physiotherapy I started walking again in about seven weeks. The pain started leaving my body. I thank God that I didn't spend money. God said 'if you go and do all those things, you're wasting your time'. Indeed, it was the Lord that healed me, because all the medical intervention didn't work, so I discontinued.

I remember in the peak of it, a sister came to pick me, she said 'you've been at home for too long, let's go for a conference'. I went, and there a sister saw me, laid hands on



me, and from that day the pain disappeared. I want to give all the glory to the Lord God Almighty, my Healer.

During that period, I couldn't work or earn any money, and I had bills, but my friends contributed money without me asking, and it was more than if I had worked myself. God also provided me with a new accommodation. Everything I asked for. I wanted a serviced apartment, because I was tired of security guards stealing diesel etc. And God gave me exactly what I wanted. I want to just bless God for His faithfulness, His grace, and mercy. Indeed, He said, "You will not see rain, you will not see wind, yet your valley will be filled with water" and that was my case the whole of May and June. I just give glory to God. Thank you, Lord!

— ***Pastor B.B***

The main testimony for me is love. The love of Anointed Women is something that I cannot say I have experienced anywhere before. The prayers and messages that I got after experiencing bereavement! I would wake up in the morning and see messages like 'K breathe', or I would see 'K, you are in God's hands', or I would see 'K God loves you'. That was all. There was no hello. A lot of people wondered how we would get through it, because my siblings and I are so close, and apart from our parents, we haven't really lost anyone, so, it was a great shock. I won't lie, my faith wavered towards the end, but I just thank God, God saw my heart, and He answered my questions, because I had many, and I'm just grateful to God. I just thank Him for every single one of you, and my prayer is that God will bless every member of this fellowship as you all stood with us. God will stand with you in your own times of need. He will strengthen you. He will uplift you and reward this, your labor of love, and honestly, none of your sacrifices will go unnoticed, and of course, joy will never depart from any of our homes. In Jesus' mighty name.

— ***Sis. K***

The story of my daughter, started officially 11 years ago, although for me it started long before because from the very beginning there was an onslaught; but for these 11 years you all stood in the place of prayer with me. When the court case eventually started, the prayer team increased their prayers, even in the three-hour watches, I heard it. You all prayed from the depth of your hearts. Our Lord, who answers prayers answered in a big and mighty way. In fact, I am still like the exiles that were brought back home.

I am still dreaming, since the not guilty verdict was pronounced. You have all poured so much joy, so much love into me. Many of you have sent messages, prayers etc. I thank you, my daughters. I thank you for your messages, many of you called.

I thank you for prayers, thank you for coming to Port Harcourt to rejoice with me. Pastor T, I thank you. Our God Almighty, the one who knows the end from the beginning He alone deserves the glory. I don't know what to say. Only that may His praise never leave our mouths. Anointed Women of God, The Lord will do for you what only he can do. I am grateful. Thank you.

— ***Mummy A***

About two months ago, in the first week of the month, I went for the Holy Ghost service. I drove to the old arena to park. Getting into the car, it would not start, and I was parked on the road, so I got help jumpstarting the battery but as I was parking, it went off again. The car was on a descent and the brakes suddenly failed. But I did not panic. The Holy Spirit took control, because I was about to run into a T-junction with cars and people all around and the car just stopped by itself. I decided it would not disturb me and I went into the auditorium and joined the service. I went back the next day after the service but it still wouldn't start, so I left it and went home. I had to replace the battery but on the last Sunday in October, as I was going home from the church, the brakes failed again.

Two days later, the mechanic gave me a large bill for repairs. I said "Lord why is this man billing me like this". Lo and behold, a member of my church came in for something else and paid the bulk of the bill leaving me to pay only N8,000. And I said, "God, is this how you work"? I just give God all the glory for keeping me from having an accident and for fixing my car. It is only God that has done it.

— ***Sis. T.***

Truly, the Lord has had mercy on me. I just want to thank God for healing. Sometime in April, I slept and when I woke up my voice was gone. I couldn't speak for three days however I wasn't panicked, and I wasn't afraid, because I know the promise I picked for this year. So, on the fourth day I went to see my doctor. Whilst they were carrying out the check up, I just kept thanking God inside me. Then my doctor said I might have asthma, but I said, 'I don't have asthma'.

When I got home, I started praising. I couldn't speak, but gradually I started praising inside me. But I developed a terrible cough and chest pain, so I went back to the hospital. I was placed on antibiotics but still felt unwell. I started asking God, 'what was going on?' It was during that period that Pastor Tinu called to ask if I could post prayers. And The Holy Spirit said, 'take it.'

So, glory be to God I said, okay, I will do it. I prayed and said, 'Father, this mouth I'm using it to praise You, You know, I love singing and praising. The devil is a liar.



They will not take my voice'. While I was posting prayers every midnight, I was praying, and praising. The Lord said, 'just praise me', so for every prayer I posted, I attached praise music and I would pray, praise, dance, and then go to bed. To God be the glory, suddenly, my voice opened and now I can talk, I can praise, I can sing. I just want to thank God for His mercy upon me.

I want to thank God for His massive healing, for restoring my voice, my heart, my everything, and I praise God. I'm so happy that I am a part of AWOGM. And I pray that God Almighty, will continue to anoint each everyone of us. Thank you so much, Pastor Tina. I love you.

— ***Sis. K***

Prior to our vigil, I started praying against every form of distraction, because if I am to be honest, during past vigils, I found myself sleeping half way. So, I just said "Lord, I don't want to sleep, I really want to concentrate and I want to key into the Word and prayers that will be said".

On Monday, Pastor T told me that the sister meant to lead the prayers for our children wasn't sure about her internet and she asked me to be on standby. So, I just said, "well, Father Lord, I thank you this is an answer to my prayer"; because that would make me be alert. During the vigil, at about 3:30 am, Pastor T announced that the vigil would take a new format from the way we have been doing it before; that we would now be praying for our children, their health, work and migration and I keyed into the prayers.

I prayed because one my twin girls has been believing God for her immigration status. I also prayed for other children. After the prayers, Pastor B confirmed that it's going to be a song of thanksgiving and that God had answered our prayers.

Yesterday, afternoon, my daughter called, saying she had called the agent working on her migration case and was told to stop calling them because anytime she calls it takes her case 60 days back, so she started crying. I told her that we had a vigil, and her case was mentioned so she should not get distracted. She said it seemed as if God didn't want to answer her prayer, but I encouraged her to change her method of prayer and start thanking God and through thanksgiving something positive would come up. So, we ended the call. By 6:27pm, she called back saying she had been approved for her migration.

I just started crying. Of course I am a child of God, I know that God answers in miraculous ways we cannot phantom, but I never knew that it was going to come that easy. Before now she got a job with one of the leading law firms in Texas, and they told her that without her authorisation, she would not be able to resume, so dear sisters to the glory of God, come 12th of October, my daughter will be resuming work, because she's been approved. I have just come to give God all the glory, and also to encourage other sisters of mine that may be believing such for their children, that God who did mine is still on the throne, and he will surely do that of our other children.

— ***Sis. O. B***

After 32 years in marriage, we did marriage renewal, that was what I thought we will have, it turned out we had a whole new wedding in our catholic church. So, we got married again, with God's blessings, and I just want to thank God for the miracles of it, and I'm sure those that know what journey, what a journey has been, and I don't know how I survived and got here. But my husband wanted us to get married again, he wanted a Catholic Church to marry us afresh and bless us, so we had the wedding.

So, I thank God for it and I thank God for 32 years and for the beautiful children. And I also want to thank God for another year. It was my birthday, I thank God for that, and I also thank God for favour for one of the boys, one of the quads, he was called into the office, and he thought it was to be fired, because they don't suddenly call you in unless there's problem. So, we went in and he said he was so scared, only for them to say that they were increasing his salary, giving him a pay raise. It wasn't because it was the end of the year, or they were reviewing, I was just Gods favour, and so I thank God for that. I thank God for that uncommon favour.

— ***Sis. Y. T.***

I want to give thanks to the God of this alter, I just want to celebrate God's goodness, His goodness keeps chasing after me. My son brought home a bride, and it was a glorious day. For me, it was mixed blessings, its double, even triple fold because when he was born, he was ill at birth, his liver was three quarters decayed, the Doctors didn't know why, but we had to go back to the hospital. And so, as a young boy, he was very fragile and on medication. But two weeks ago, my husband and I stood, as proud parents of a young and responsible man ready for marriage.

To God be the glory, honour, praise and adoration. All through the years the Lord has carried us through. I don't know how, but he has done it. And I just want to celebrate God. I want to thank the Anointed Women of God for your prayers. And the wisdom given to Pastor T, to pray for these children and their homes; the prayers will not fall to the ground. The Lord will bless these new homes that they are creating. The bride's family are not Christians and that gave us concern at first. We didn't know how the celebration would go because of the different cultures; but

everybody was receptive to the Word of Christ there, even at the engagement which the Alaga (master of ceremonies) more or less turned into a preaching ceremony, they were all receptive. Hallelujah!

So, I return all the praise and glory to God that we did not cower because of differences in culture, but instead we went professing and testifying to the goodness of God. Thank you, Father, for doing this and much more than we can imagine in the mighty name of Jesus.

— ***Sis. L***

I want to bless God for he is a faithful God. Last Saturday was my daughter's 13th birthday. And the 10th of September, will make it ten years since my husband went to be with the Lord and I have just been thinking about the goodness of God through the ten years. My children and I pray every night leading to the 10th and I asked them to list all the things God has done for them in the ten years of being without their dad.

We have never lacked any good thing; God has gone far beyond anything that we can ask or think. Education hasn't been stopped; we are not on the road.

So, join me and say thank you on behalf of this one girl that is constantly afraid, but God keeps coming through for her. May the name of Yahweh be praised forever. Amen.

— ***Sis. A.***

I want to thank God for my life and the life of my children, especially the life of my son O. Last year July, during the first Wednesday prayer meeting, someone testified about how God provided a job in an international organisation for her child, in an awesome way and I keyed into the testimony because my son, just finished schooling. I was, impelled to tell him to list out 3 organisation's that he would like to work in. So, I told him to list out his job description, how much he wanted to be paid and the benefits he wanted from the company. I didn't even pray about it, I just said let's thank God about it, and we thanked God, then I forgot about it. But I kept the PDF that he sent to me.

Exactly a year later, shortly after our first Wednesday prayer meeting in July, my son sent me a message saying that an organisation just called him saying they were interested in him and they were sending him to a boot camp for 3-month all expenses paid, plus salary and benefits. He was happy and I was happy. And in that moment, the Holy Spirit reminded me that I had thanked God for something last year. So, I asked my son if he remembered the job description I had asked him to write and he said he didn't remember. I checked the list on the pdf he'd sent me and it turned out that exactly what he wrote down, was what he got. The job description, the salary, the benefits and also the fact that it was an international organisation. I thank God that he is done with the boot camp and is resuming work later in the year. I just want to give all the glory to God.

— ***Sis. T.***

My testimony is basically on gratitude. I have been chastised because I had been taking God's daily provision of life for granted. God has kept me, even though there are things I am looking forward to, He has given me ability and provision. He has also given me strength. I remember when my youngest daughter was expecting, that is what I prayed for. I said "I am not the youngest grandmother", so I asked the Lord to give me strength. And I even forgot to thank God for the strength that He gave me. I have just come back to say, God I am sorry.

So I want to thank God for life, for sustaining me and for His mercies that I know I took for granted. **Lamentations 3:22-23 KJV** aptly states that "It is because of The Lord's mercy that we are not consumed". Sometimes we wait for big things to happen, when just the fact that we are alive is a big thing, so I just want to say Thank you, Lord.

— ***B. O***

The EDD for my daughter's delivery was 25th September 2001, and I was to have her in New York but when the September 11 bombings took place, I had to fly to Chicago for her delivery. As a result of the shock I experienced, the baby was distressed but God brought us through and I had this child safely. Now she turns 25 on Monday and I give God all the glory!

Secondly, my 19-year-old daughter, who was returning from school found herself sat alone in a train carriage with a young boy, about 17 years old; when he pulled out a knife and threatened to stab her. She began to pray Psalm 91 in her mind and cover herself with the blood of Jesus. My daughter who normally would panic, said she sat still, looking calmly at the young boy and he looked back at her and then the boy said, "it's not you I am looking for... it's not you I want to stab". As she sat thanking God for protecting her, the boy asked her; "I hope you are not scared" and she responded saying "no". Then the train came to a stop and she got off.

I just want to thank this God that we are serving for His protection over our children home and abroad. I am thankful for the prayers we offer for our children, and we will not stop praying because God answers our prayers.

— ***Sis K.***

I have come to testify of God's goodness in my life, answers to prayers and of His loving kindness. I praise God and I just want to thank Him. The year started terribly hard for us. I lost my 3-year-old niece. The grief was unimaginable. Then as if that wasn't bad enough, few weeks after we lost her, the same brother who lost that child had a fire in his house, right in his other daughter's room. It was just the grace of God. The AC that caught fire was right where her head was. A split second after they picked her up, the AC fell. It would have fallen on her head. Thank God!

We are grateful for all the blessings he has given us. He's been faithful, He's been merciful. God added another year to me this year. I have come to say thank you for His mercy, provision and kindness. I thank Him that I was able to celebrate that birthday, even though things looked a bit bleak, entering a new decade is not just a milestone of time, but profound monument to God's unwavering faithfulness, mercy and sustaining grace. Looking back over my life, I see God's visible love guiding every step. He is been my provider in times of lack, my healer in times of sickness, my comforter in times of sorrow, my constant source of joy, through every mountain peak and every valley His hand has held me fast, and his promises have never failed me. To reach this age is indeed a gift. I do not take it for granted. It is a testimony that God is not finished with me yet. I am deeply grateful for the gift of life, for health, for my family and the beautiful community that He has place around me. As I step into this new season, I anchor my heart in the truth of Joshua 23:14; "Now I am about to go the way of all the earth. You know with all your heart and soul that not one of all the good promises the Lord your God gave you has failed. Every promise has been fulfilled; not one has failed".

I thank You Lord for 60 years of goodness. I want to thank God that my first son got engaged to his lovely fiancé this year as well. My phenomenal Father showed up incredibly. It was indeed a day of joy. He showed up in his glory, I have come to say thank You precious Father. Thank You, Ancient of Days, thank You for not putting me to shame. You have indeed fulfilled your promise that you are the husband of the widow and father to the fatherless. You showed up mightily for me and provided for all my needs. I pray that God blesses their union, and makes the marriage heaven on earth.

I want to thank Pastor T, and the entire prayer team, the watchers and the watch team who prayed relentlessly throughout the preparation, as soon as we added their names to the marriage list. I know that they are still praying and I thank them. I can't thank them enough. I thank them profusely; I thank God and I thank AWOGM.

— ***Sis L.***

I give God all the glory and all the praise, twenty-one years ago in the month of August, the devil tried to take me away, not once but twice within the space of a week. When I gave birth to my last born, I was in the hospital, because I had had two caesarean sections previously, this would be the third one. I had chosen the date I wanted prayerful, so come said date, I went in for my caesarean thinking it would be a routine procedure. Right from when they put me to sleep on the operating table, I was gone, but nobody noticed, until the doctor came in. The doctor came in to bring the baby out and said "there is something wrong with this patient", even though all the vitals were normal, he said "there is something wrong with this patient, we have to bring the baby out". As soon has he said that, everything went haywire in the operating room; but thank God, they brought me back to life.

I had my baby and was discharged after 3 days. I am still being told about what transpired during that episode. Even my friend, who had come to visit a few days after I had my baby, was told by the doctor "you have come to visit your friend who rose up from the dead". However, I was weak, too weak to even breastfeed my son. After the naming, on the eighth day, I was lying down in my room, because I had a headache; my husband came into to use the bathroom and found me on the floor convulsing. My siblings happened to be around that day. When they called the doctor, she said I would not make it to the Island so I was rushed to the nearest hospital where I was again brought back to life.

My sister in recounting what happened said *"during that period one of her friends had actually had a dream. They saw her husband, carry her into the hospital, he was wearing shorts and one slipper. We had been praying for her against death, we knew she had no clue, so we just prayed for her".*

So, I just want to thank God, 21 years later, I am still here, I am still standing, I'm still believing, I am still thanking. When I lost my sister, I thought "what am I thanking God for"? But there is so much to give thanks for, I will never forget that when I was in the operating theatre and my sister was praying in tongues for me, the devil had a plan but God said no!

The baby is 21 years old this month. I just want to give God the glory. I found Anointed women of God Ministry, soon after that, because after that experience I was fearful, I was afraid of dying, I had anxiety issues, constantly shaking from fear of everything. I can't even remember how I found Anointed Women of God Ministry, but I remember that at the first meeting I attended, what Pastor T touched on all my fears, I could not believe it and I just knew that God brought me here for a reason. So, not only have I learnt so much in this fellowship, about what to do when fear or anxiety come; it was here that I learned that the weapon of my warfare is praise. Sometimes, when I am driving alone and I'm scared in the car, I just put on my gospel playlists, and praise and honestly all the fear dissipates. Every time I have an issue, when my children are sick or anything, and I praise, everything just dissipates, so I just want to thank God.

Thank you, Father, for everything you have done in my life. Thank you for my children, my husband, thank you for my siblings and their families. And I know that you still have a lot in store for all of us in Jesus Name, Amen!

— ***Sis K.***

Over the last 30 years, getting an English passport renewed has been seamless. One-day expedited fee and it's out. My daughter is getting married on the 29th of August and I was booked to be in Lagos by the end of July. So, I decided to get



Testimonies

"And they overcame him by the blood of the Lamb, and by the word of their testimony" -Rev 12:11

new passport to avoid issues with the expiration date. I applied for a fast track for one week. However, one week turned into a full month. The back and forth cost me over a thousand pounds. I have never seen anything like this before. I won't go into the long story of the trickery, but they called me from passport office last week to apologise saying that it was human error, they had escalated it to the top and were investigating it.

As I was leaving my house to shop for an item, the Holy Spirit told me to take along the wrong passport which they had sent me. I said "but Father, I am not going to the passport office". On the way, I got a call from an unknown number, it was from the passport office. And this lovely lady was so apologetic. She asked if I could please come in in few days, because they are aware that I was to travel the next week. But I said why can't I come to you now? She asked if I could get there before 3 o'clock and I said I could. So, she sent me an email to present at the office gate, since I didn't have an appointment for that day. She said that she had spoken to their superior and when I get there, I should show them the mail and shouldn't book a ticket. So, I got there and I did what she told me and they waved me in and sat me in the reception area. Then the lady appeared and she said, she would not attend to me in the middle of the noise, so she took me to her office. I sat down crossed my legs; she apologised, said I should do the application again and that she will give me my passport the same day.

My sisters, I was gobsmacked, I mean I knew I would get it, but I didn't know when I was leaving the house to buy a bra, that I was going to end up at the passport office! If had not obeyed The Holy Spirit and taken my passport as He instructed, I would have not been able to do it that day because I had to drop the one with me to collect mine. I would have had to go to the passport office again another day and it is quite a long distance from where I stay. They also told me to send receipts for any extra expenses, like the passport photographs and transportation and apologized again.
I knew that it was a lie of the enemy, because my daughter has been eagerly waiting for me to come. There is so much to do for a child that is getting married, she is the bride and I am her mom. I give God all the glory, I praise Him, because He's always by my side and He never falls my hand and He will not fall our hands in Jesus Name. Amen.

— ***Sis I.***

Psalms 126:3 says, The Lord has done great things for us, and we are glad. I am here to testify, that I judge my God faithful. On Sunday, by His grace, we launched The Game Changer. The book that the Lord gave me; a message on meditation. And my heart is full of gratitude. What began as a burden in my heart became a book and then became a room full of people celebrating God's message and supporting His message and supporting me. I was overwhelmed by His faithfulness, I was overwhelmed by the love, the generosity of so many of my friends, and my husband's friends. I guess it just reminded me that when God gives you assignment, He also provides the grace and the people to help accomplish it.

Truly my testimony can simply be summed up in the words of the scripture. "The Lord has done great things for us". I was so nervous, I had not done a launch before so this was unchartered territory for me. I remember sending Pastor Tina a message saying, "please o pray for me". I didn't know if I was coming or going. But God did it. His glory was evident on that day. I am so grateful to him. I know the message is bigger than me, and I pray for the grace to walk in obedience so that indeed I can be a golden vessel in his temple. Again, to God alone be all, all the glory.

— ***Sis M.***

What an awesome, wonderful God, we serve. I had given a testimony about my daughter before, how she got a scholarship to go to school. She is a 19-year-old autistic child. It costs a lot to send an autistic child to school in Lekki. Over the years, it was very difficult for me. She couldn't go to a school that could meet her needs. However, last year I cannot forget that day, as I sat at my dining table I heard those words, "go back home". And I returned to Anointed women of God. I was received with such love and things have changed for me and my children. I looked back now and I cannot recognise myself.

I want to thank God that my daughter is making so much progress and for her level of independence. When the school was about to resume, I started thinking of how to pay the school fees, I wondered if I would have to call Pastor T, again for the school fees. In all this, the school called for a meeting where they announced that the school fees would be increased, because of the situation in the country. When I heard that, my heart did a double flip. But God being God, at the end of the meeting, as I was about to leave, the owner called me. She said she was glad to finally meet me and she introduced herself. I expressed my gratitude to her, and then she said "you see this school fees, don't worry about it". All I could say was "ha". She repeated it again, she said to me "just don't bother, just bring the girl". The school fees were doubled but she received a double scholarship. And the owner also offered to take her to another branch, in a different part of town, where she would get better support and start training in a skill.

God has just been wonderful; I have lacked nothing. I used to suffer from panic attacks that would make me clutch my chest. I don't have them any more. Great is His peace in me. I thank God for my children. I thank God for Anointed Women of God Ministry.

— ***Sis R.***

I just want to thank God for my son's life. He is my only child and his birth was long awaited. He turned 27 years this month. I thank God for what He is doing in

his life, what He has done and what He is yet to do. I thank God for His hand of protection, of direction, of victory and blessing over him and his generation.

— ***Sis D.***

I give this testimony to the glory of God Almighty, my defender. My first-born son, had been out of work for over a year. I had even taken money out of my savings and paid for a second masters for him, so that he wouldn't be frustrated. In the middle of the program, he got up and went back to Nigeria. I just kept praying and trusting God and believing that God was listening to the prayers that we say for our children and families every three hours. Every time I got discouraged, I knew prayers were coming in three hours time and so the watch really kept me, I try hard not to miss it. Even if I only catch the tail end, I make sure I log on. And I bless God because the amens are amening.

Last week, I was one of the ladies prayed for during the watches. In the middle of that, my son who had come to Nigeria was struggling. He had found one academy he was volunteering to coach at, because he wanted to be in Nigeria doing grassroot football coaching. He had been saying that since he was in primary school, "Mama I want to coach grassroots football". So he came, plunked himself into places in Lagos that I've never even been to, real grassroots. I couldn't believe it because he had been out of Nigeria for so long. The first stretch was 13 years, when he came and did a stint with a football club. It was a very well-paying football club but he walked out of that club in anger and deep frustration and sat down in Finland with no job for nearly two years; then came to Lagos and joined this academy to volunteer.

My daughter was getting married so I had to come to Nigeria. I saw my son and I didn't recognize him for the first 20 seconds. He had lost weight, smoking...I said "Lord, we're praying o!" And that day I was quite upset. I said I'm on this prayer altar my son can't be like this. When I saw him a few days later he was a like a different man, God did a work. Prayer is good! The three hourly prayer watches is a big deal for me. Even when I can't join, I know that every three hours there are sisters that are praying for every single one of us, not just those being mentioned on the day. My own testimony came in the week that it concerned me.
Last week my son called me but I missed the call. I went to his page on Instagram and saw that he had been made the head coach of the top scoring football club in the NFF; the title is Interim Head Coach but I know that this is the beginning of His greatness; the goodness of God in his life has just begun. What I saw before is not what I am seeing now. This young man is changed; his attitude is different. Before he was so angry and maybe even prideful about what he knows. Yes, he is very well schooled in his craft there's no doubt; he is exceptionally skilled but his skills didn't help him. It's the prayers we have been praying that helped my son; I give God praise and thanks. I thank God that this is his kairos.

I thank God my daughter got married a month ago and they are happy. I bless God for the joy in their lives. It doesn't matter that we are seeing things that upset us, but the bible assures us that God is with us and His rod and staff comfort us. Let's just keep our focus on God, He will get us through.

— ***Sis I.***

I just want to return praise to God for indeed He is good and His mercy endures forever. I'm testifying because of what the Lord did for my family. My dad will be 89 years old next month. And this year he has had close shave with death three times and at every point, God has always come through for us just in the nick of time. This last one happened on a Saturday afternoon. My younger sister made a group call on the family platform, informing us that Daddy was involved in an accident. All I could say was Holy Ghost take control. Then she said he had regained consciousness. When she said that, my mind came to rest.

My dad loves driving. He has a driver, and we had asked him to stop driving but once in a while, he likes driving out with my mum to go shopping on Saturdays. That Saturday morning, they had finished their shopping and were on their way back home, when my dad realised, he had forgotten to buy paracetamol and Gelusil. So, he parked by the side of the road, came out of his car and stood behind the car to be sure it was safe to cross.

However, as he stepped out, a bike man going the wrong way, knocked him down and he passed out and broke his dentures and his glasses. Luckily enough, my mum was watching and quickly came out of the car and called out for help. He was taken to a nearby hospital where he regained consciousness.

My cousin, who is a medical doctor in UPTH, was called. We were told that my dad had hit his head on the tarred road and even though he is strong and walks unaided they would need do a cranial scan to be sure that there was no brain damage or internal injury; especially since he lost consciousness for almost an hour. He was taken to in an ambulance to Oshogbo where the scans were done. And as God would have it, by 5pm, that Saturday, they were on the way back to Ife.

I just want to give all the glory to God; the test results came out clean. He stayed at the hospital overnight, but was discharged by 2pm on Sunday. He returned on Monday, for a check up and was informed by the doctors that he was okay. The doctor said something which I held on to, he said "what happened to him was nothing short of a miracle because people younger than him have been knocked down by bikes, and hit their head on the tar and they never regained consciousness, or ended up with brain damage or broken bones". But for him, there was nothing. All the bruises he had on his forehead and lip were superficial and will heal with time.

I just want to return praise to God, because this the Lord's doing and it is marvellous in our sight. Praise the Lord!

— ***Sis F.***

Praise the Lord! I've come to return praise to God Almighty for how He has kept me and my family. The past 3 months have been so surreal, and if not for the presence of God, I do not know what would have happened. I thank God for my son's wedding in August. The enemy came and attacked my family just before the wedding. Usually when preparing for a wedding, you're thinking of finances or if the day will go well. However, the attack came in another form; attacking my marriage. But I thank God that in the midst of all the chaos there was harmony, and the wedding went well. Everything was so good that day, the couple was so happy. And it was just God!

Just after the wedding my daughter had to go into surgery. She'd been experiencing pain for the past 5 or 6 years and had been diagnosed with fibromyalgia. So, every time she had the pain, we thought it was fibromyalgia. Early this year whilst I was with her, she asked me for painkillers, which she doesn't normally do, so I gave her clofenac. The next morning, she said that was the first time she had slept well in years and asked for more. And so, I gave her a sachet which I would normally use for a year or two but she finished it in three to four days. So, I said, "we need to have you checked out". She was directed to see a gynaecologist. A scan was done and she was diagnosed with stage 4 endometriosis and told she needed surgery. I started praying. She was scheduled to do the surgery in September, immediately after the wedding. It was a major surgery. I just want to thank God that everything went well. As the doctor said, he couldn't believe that she had a baby last year with such a diseased uterus. He said he couldn't believe it. So, it's been a miracle from day one. I just want to thank God. I was there to look after her and her 18-month-old baby. She's back home with her family now. I'm on my way back home. I just want to return all the praise and glory to God.

I also want to thank God for my sister, who had to have a hip replacement surgery. Since last year, she had been having unusual pain. Also, she's had pain most of her life because she had polio as a little girl. I was led to ask her to go check it out. And when she went, the man who did the X-ray said, I don't know how you are walking. There's nothing more on your hip bone. Anyway, we've been waiting for a surgery date since last year, it was cancelled three times. And when I sent in my prayer requests for the for the September watch night, I wrote there that we would get a date for the surgery. Lo and behold, she was called in immediately, and she had the surgery in October. So, I just want to thank God that everything that I put before, Him he's taking off one by one, and I trust that whatever is left on that plate before him, he will sort it out.

My sisters, I thank God for this fellowship, I thank God for this platform. When I joined this fellowship about eight years ago, I was at my lowest ebb. Again, this year, I have seen the hand of God, and I am stronger. This fellowship reminds me every week that I have a sure anchor, and I'm just so thankful for it. Praise the Lord!

— ***Sis L.***

I just want to thank God for the life of my father. Last week, Thursday, the 23rd, made it two years since my mom passed. So, my sister came in from America the Monday before. When she came in that evening my dad didn't react as he normally would, he was a bit indifferent, and she noticed that something was wrong. She noted that he was disoriented, talking to her, but looking elsewhere. And at the end of the day, she took his blood pressure and found out that it was very high which was unusual. He is on the medication for his age, but nothing major.

The next day, on my way back into town she called me and we agreed I would come straight to the house. By this time, he was disoriented, if he was going to his room, he would miss it and go somewhere else. When I got back, I took him to the hospital. He had been very reluctant to go to the hospital or do a CT scan but by God's grace, that evening he agreed. On our way back from the scan, the doctor called and said what he saw in the results was like a miracle. He asked if my dad had any sign of stroke and I said, "no, he was just a bit confused, but he's okay, he's talking to us normally".
The doctor said there's was blood in his brain and we needed to get him to the hospital immediately.

It was late at night. We got home, prayed and went to bed but we kept checking on dad. However, Friday happened to be the day of my mom's anniversary, and dad refused to go to the hospital. He said he would not go to any hospital that day since it was an emotional day for him. At about 8pm, I suddenly remembered that we had a vigil, in my church, which I had forgotten about because of all the issues. I was tired, but I went. The theme of the vigil was the siege is over and my dad was the focus of my prayer throughout the vigil.

He was admitted on Saturday and another CT scan was done. And on Sunday my sister called me in church to say that God had done it, that they said the size of the bleed was like the size of an orange, but as at the time of the second scan, it had reduced to the size of an almond nut. And that he could go home, his body will absorb the situation, and in 2-3 weeks, he would be back to normal, without any intervention, no additional medication, no surgery, nothing. Dad is back home, to the glory of God, he's doing well. Chatting all the time, calling us.

I just want to thank God that we did not weep again that day, and he has kept the life of Daddy all these years. God is good. He answers prayers. I just want to give God all the glory. Hallelujah.

— ***Sis D.***

I just want to thank God, He's very mindful of me. And chooses always to have mercy on me. A week ago, on Monday, my husband was around and I had a dream.
I went to him and said, "what's going on?", so he admitted that he had been feeling unwell. So, I said, "let's just go to accident and emergency".

We got there, they ran some tests, ECG and different blood tests and eventually they said they thought he had a blood clot in his lung; so they were going to do a CT scan. The moment they said that, I was generally all over the place but I started negotiating with God, telling Him, He wasn't going to make me a widow. They eventually did the CT scan and said they had found some tiny nodule that they would have to watch, but it was nothing to be alarmed about.

I just want to say thank you Lord, because I believe in that moment, that I prayed, God actually heard me. Just the dye they injected into him when doing the scan caused an allergic reaction resulting in my husband breaking out in hives which has lasted for about 1 week. So, I thank God it wasn't any more serious than what it was. I've just come back to say thank You, Lord. Thank you for always being so mindful of me, even choosing to have mercy on me. I just want to give God all the glory for what he has done.

— ***Sis A. B .***

On Saturday, I had to go shopping for some items needed for some little hampers we were preparing for guests at an event I was attending. At first, I thought, "why me?" But I just got up and went. I found myself going to Cinomart at the old Game at ShopRite in Oniru. That was my second time of going there. So, I went and bought all the things I had to buy. When I got to the cashier, she said "madam, you qualify for a raffle draw". And I thought, okay, raffle draw. In fact, I joked with her and said, "whatever I get, I'm going to give to you", because didn't think much of it.

But immediately I said that, I heard the Holy Spirit say, "take that back". So, I said, "actually, I'm not giving it to you, if anything, I'll give it to my driver". So, I gave her money and then moved on. On my way out, they checked my things. And they asked me to go and pick three cards. I went there, and before I picked it, I just heard the Holy Spirit say, "you're going home with a grand prize". And I thought, eehen, okay. So I picked. I was meant to pick three cards. Whilst I was picking, the guy kept saying, shuffle it madam, roll it, but the Holy Spirit said, don't shuffle anything, just pick the three cards that your hand touches. So, I picked the three cards. To cut a long story short, I came out of there with a 43-inch LG LED TV. Which I did not plan for. In fact, I still have it here, and I'm thinking, I don't know what to do with it, because I didn't ask for it. But it was just like, oh wow, Father Lord, I thank you. So that's my testimony. I walked in empty handed, and I walked out with my shopping and a brand new TV. I thank God.

— ***Sis B. A.***

I just want to thank God for all He has been doing for me. Especially for my son's divorce case that's been in court for three years now. But finally, God has shown us that He is merciful and He is able. We fasted, we prayed, we held night vigils, we did everything. And God has done it again! The final judgment will be given on the 16th of this month and I'm still going to tell my testimony in full, because I know God is on the throne. God will help us in Jesus' name. Amen.

And I'm thanking the AWOGM sisters who visited my mother, may the God of heaven continue to bless every one of you exceedingly in the name of Jesus. Pastor T, thank you very much. God will continue to strengthen, honour and bless you and every one of us in Jesus' name.

— ***Sis M.***

When I saw the notification for the night vigil, I panicked, and messaged Pastor T. And I said, "Pastor T, I'm going to be there till 3am, and I'll have to log off, because I have a really busy Monday and then I have a meeting and I've been asked to speak at my office, so I have to go". And that was what I had in mind at the time, even though I wanted to attend the night vigil. But, when I joined, it felt like I was having an outer body experience. And I thought, "this is amazing!" And honestly, I was there and I didn't even sleep a wink. Normally my eyes would shut at some point during the night vigils, but this time not a wink.

And what I would like to testify about is, well, yes, I made it, but then I was able to hold on to the teaching on our habits, attitudes and appetites. And honestly, as soon as we finished in the morning, I prayed. I spent a lot of time making notes and then I was able to talk to myself and my family about appetites that I had noticed, and guess what; nobody put up a force, no one disagreed or said "I don't think so" and I knew it had to be God; because as soon as we finished the night vigil, I named my family one by one, including myself, and I prayed that God would kill every negative appetite and we are getting testimonies. It is so important, not to just hear, but to take action immediately, because we all have appetites. It was a big issue for me, so I want to thank God.

— ***Sis B. O.***

Testimonies

"And they overcame him by the blood of the Lamb, and by the word of their testimony" -Rev 12:11



AWOGM

Hymns

BIBLE STUDY HYMN

ANCIENT WORDS

SONG BY MICHAEL W. SMITH

Holy words long preserved
for our walk in this world
They resound with God's own heart
Oh, let the ancient words impart

Words of life, words of hope
Give us strength, help us cope
In this world, wherever we roam
Ancient words will guide us home

CHORUS
Ancient words, ever true
Changing me and changing you
We have come with open hearts
Oh, let the ancient words impart

Holy words of our faith
Handed down to this age
Came to us through sacrifice
Oh, heed the faithful words of Christ

Holy words long preserved
for our walk in this world
They resound with God's own heart
Oh, let the ancient words impart

CHORUS (3x)

We have come with open hearts
Oh, let the ancient words impart

THANKSGIVING HYMN

TO GOD BE THE GLORY

To God be the glory, great things He hath done,
So loved He the world that He gave us His Son,
who yielded His life an atonement for sin,
and opened the life-gate that all may go in.

Refrain:
Praise the Lord, praise the Lord,
let the earth hear His voice!
Praise the Lord, praise the Lord,
let the people rejoice!
O come to the Father through Jesus the Son,
and give Him the glory, great things He hath done.

O perfect redemption, the purchase of blood,
to ev'ry believer the promise of God;
the vilest offender who truly believes,
that moment from Jesus a pardon receives.

[Refrain]

Great things He hath taught us, great things He hath done,
and great our rejoicing through Jesus the Son;
but purer, and higher, and greater will be
our wonder, our transport, when Jesus we see.

[Refrain]

Always & Forever
A LIFE OF IMPACT

On May 15th our dearly beloved Sister, Hon Justice Josephine Efunkumbi Oyefeso, was called HOME to be with the Lord. To us she was simply known as Pastor K.

Rather than dwell on her HOME GOING, we want to give thanks to God for the remarkable gift her life was to our community (AWOGM) and how the Holy Spirit encouraged us through her Bishop, her children and her siblings and the amazing testimonies we heard concerning her. Scripture came alive… Truly we did not mourn like those who have no hope …

She lived a life of quiet impact that opened our eyes to service. She showed us that service to God does not have to be loud to be powerful. She served with humility, consistency and a genuine love for the things of God.

As a devoted Watcher, she faithfully took the 6am prayer slot on Tuesdays and Thursdays. She would begin by thanking God for the "gift of sleeping and waking up" and close by encouraging us to speak into our day. Her voice, her prayers and the song "Faithful God" became a cherished part of those mornings.

She was also a regular at Wednesday's Bible Study and when she contributed it was always with wisdom, depth and very insightful. She always gave us food for thought.

She counselled too, giving Spirit-led and Scripture-grounded guidance to all who reached out to her.

Every year she gifted the anointing oil for our November programmes without seeking recognition …

Despite her demanding vocation as a Lagos State Judge, she remained simply our Pastor K approachable, humble and fully committed to the work of the Kingdom. Testimonies that came indicated that in all spheres of her life as a wife, mother, sibling, friend, at work, at play she was not only a hearer of the Word but a doer of the Word.

We thank God for Pastor Kumbi, for her service, her humility and the example she left all of us. We are grateful that God allowed us to know her, learn from her and call her our own.

May her gentle soul and that of all the dearly departed rest in perfect peace.



HON. JUSTICE JOSEPHINE
EFUNKUMBI OYEFESO

LANDMARK Birthday's



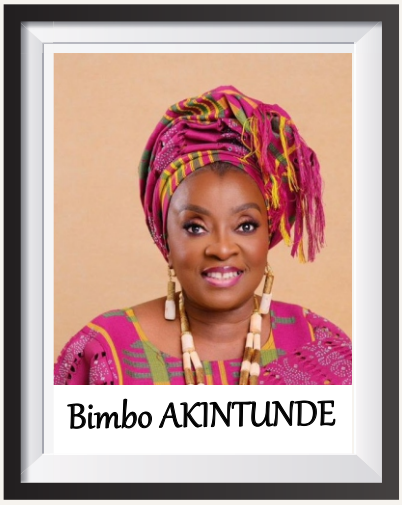
Ireti OLUTAYO



Ibiwunmi AKINNOLA



Josephine OMORUYI



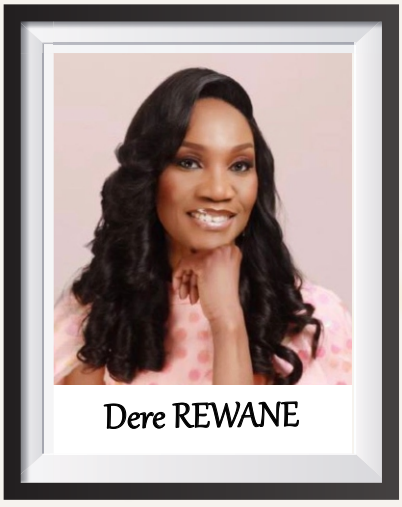
Bimbo AKINTUNDE



Foluke MOBEREOLA



Ojulape ADEBAYO



Dere REWANE



Pst. Lanre KOSOKO



Nkoyo OGUNDAIRO

LANDMARK Birthday's



Tundun TEJUOSO



Kemi LAWAL



Kummi ADEBOWALE



Judith ROMEO



Oluwatosin ONILE-ERE



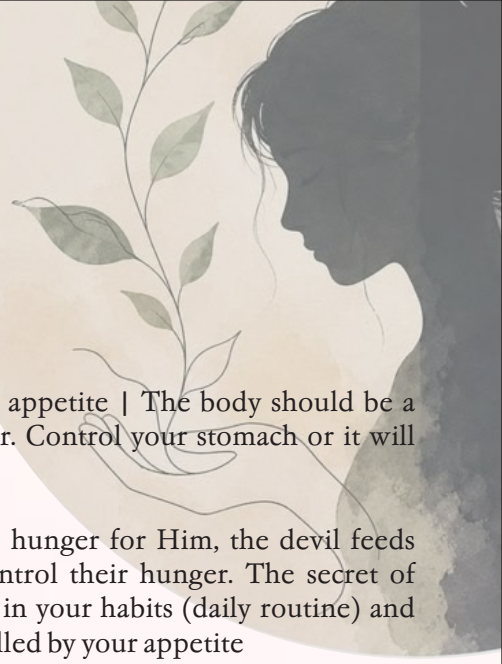
Erem KARUNWI



Titi ADEYEMI

APPETITE

The hunger that shapes our destiny



APPETITE

- A craving, strong desire, obsession, drive, what we hunger for. A natural desire for something that satisfies a need

Man is a slave shaped by his appetite *(Gal 5:16-25, Rom 6:1-23, 1 Peter 2:1-2)*
Your appetite reveals your assignment | Guard your appetite, it is a weapon
Spiritual battles are fought not just on prayer altars but they are fought with appetites. The appetite shapes every part of the human existence. It is where battles are won and lost. Those who allow their appetite lead them will suffer.

Your appetite reveals your pursuits. What are your passions/obsessions/desires?
Your table determines the kingdom you align with | What you feed will live, what you starve will die. What are you feeding? You must dethrone your flesh. You starve your flesh to feed your spirit. When physical appetite is submitted to spiritual government your spirit will lead, your soul will follow and your body will agree/become the slave of the spirit.The reverse is the pattern for the average person, their body leads, their soul follows
and their spirit becomes the slave of the body
Prayer: Align my appetite with your purpose/desire. My appetite will not truncate my destiny

We must cure depraved tastes and cultivate healthy tastes | Life assignments are destroyed because of lack of control of appetite | Hunger/appetite is God given, so we can seek Him concerning it
Lack of appetite is a red flag/signal | The problem is not the appetite but the undisciplined, misdirected or uncontrolledappetite *(Psalm 42:1-11 AMPC, Job 28:7-11)*
Prayer: Lord, take me deeper in my walk with You. Create a hunger and thirst after righteousness

You are what you eat spiritually. If you eat gossip, lust, envy, your soul will be sick | If you do not feed your spirit with the Word, your flesh will control your appetite | Every time you say "no" to your cravings, you say "yes" to your calling | Appetite uncontrolled becomes a weapon that kills destiny | A big destiny requires a disciplined appetite | The body should be a servant not the master. Control your stomach or it will control your future

God feeds those who hunger for Him, the devil feeds those who cannot control their hunger. The secret of your future is hidden in your habits (daily routine) and your habits are controlled by your appetite

3 TYPES OF APPETITE

Sustenance – food, drink
Soul and Mental appetite – pleasure, entertainment. Soul appetite can
become a bottomless pit. Our hearts are restless till they rest in God.
Spiritual appetite – hunger for God, righteousness, truth. Spiritual hunger iswhat God promises to fill. Nothing created can satisfy a man, the only thing that can satisfy a man is a person; His name is Jesus Ps 41:42:1-2.
Jesus doesn't give bread, Jesus is the bread of life 1 Cor 9:27

One of the tools that you can use to keep your appetite in check is prayer. When you start to pray the first thing you get is not your needs, it's godliness.
THE PROBLEM is a dis-ordered, uncontrolled/untamed appetite. When the physical and soulish appetite rule you, you get gluttony and lust Recognize it, Name it, Train it spiritually. Not with will power but self control,
which is a fruit of The Spirit
THE SOLUTION is a trained, redirected appetite. Have the right hunger (Matt 6:33) Practice self discipline.
We must bridle our tongues (Phil 3:19; 2:3-10, Rom 13:14)
Prayer: Lord, help me train every wrong appetite

THE ORIGIN OF APPETITES

Appetites start as a thought, *as a man thinketh so is he*
Thoughts create and feed feelings and cravings
Thoughts come first, then desire, then action
(Prov. 23:7, James 1:14-15)
God can control your appetite but He will not, until you partner with Him *(Rom 12:1-2, 2 Cor 5:17, 1 Cor 10:13)*
God deals with each person by the renewing of their mind. Belief starts as a thought. In the case of wrong beliefs the devil plants a negative thought and then

sends situations to build the lie
The problem with our thoughts is fallen thoughts *(2 Cor 10:3-5)*
Thoughts can be captured and arrested. Don't entertain evil thoughts otherwise they will capture and enslave you

Fleshly Mindset

Where you set your mind grows *(Rom 8:6, Col 3:2, Mark 7:2-3)*
The Solution: A renewed disciplined thought life *(1 John 1:1)*

Meditation

It is looking with intentionality; reading, meditating, staying until faith rises; that gives you the power to do, not just looking at the Word *(1 Cor2:16 AMPC)*
When evil thoughts bombard you, declare "I have the mark of Christ". The key to winning the battle is your thoughts:
Fill your mind with the Word (Psalm 119:11)
Discipline the mind by fasting 2 Tim 1:7, 1 Cor 2:16

Stillness is where God controls appetites | Thoughts are seeds, appetites are trees| Actions are fruits that become seen by everyone | Kill evil thoughts at the seed level

HABITS

A habit is a rope; everyday you weave one thread and at last you cannot break it

Sow a thought reap an action | Sow an action reap a habit Sow a habit reap a character | Sow a character reap a destiny

Good habits are the compound interest of self improvement | Bad habits are the compound interest of self destruction | The devil only talks to you once, your habit once built, does the rest | When you keep repeating the same sin, you are building a highway for the devil *(Isa 35:8)* | Holiness is not a miracle, it is a habit of obeying God daily *(Gal 5:22-23)* | Self control is a fruit not a gift. Fruits grow daily; it is a habit cultivated | Gifts are coveted but fruits are cultivated | You will never change your life until you change something you do daily Deliverance is an event, freedom is a habit
Prayer can forgive your past but your habit will determine your future

7 HABITS THAT CONTROL YOUR APPETITES AND DESIRES OF THE FLESH

1. Prayer
2. Fasting
3. Self Denial
4. Self Control
5. Studying The Bible
6. Simplicity & Money Control
7. Works Of Mercy

LIFE MUST BE LIVED IN THE SPIRIT

The spirit must lead, we must dethrone the flesh (Gal 5:24-25, Rom 8:2-8, Ps 119:36-38)
Prayer: I dethrone flesh in my life; I live by the Spirit. I enthrone the will of God

Renew your mind *(Rom 12:1-2)* | Master your appetite and desire. Your body is a slave, it may scream at first but persist and it will obey *(Gal 5:6, Deut 8:3, 1 Cor 9:27)*
Prayer: Holy Spirit You are Lord over my appetite

Tame your tongue (James 3:1-2 AMPC). The only way to live life without offending with our words, is to live by the spirit.
Prayer: Lord set a watch over my mouth. Let my tongue be a tree of life, let no corrupt communication proceed from it

Purity of eyes and heart: Flesh enters through gates and the most prominent gate is our eyes. Avoid certain places *(Ps 119:37, Job 31:1)*
Prayer: Lord purge my heart from secret lust and envy. I covenant with my heart today; I will not behold vanity

Your will must be in totally surrendered. The strongest manifestation of flesh is a stubborn will. It is called disobedience. We are to submit our will to God *(Luke 2:42, Gal 2:20)*
Prayer: I surrender to your will. I submit my members to You. I die to self. I am Yours Lord

We must be filled by the Spirit and have an active fellowship with God. There is no vacuum in the spirit *(Eph 5:18, Zach 4:6).* God does not want empty vessels *(Rom 8:40)*
Prayer: I am led by the Holy Spirit, let the fruit be seen in me; as many as are led by the Spirit are sons of God



DO IT RIGHT

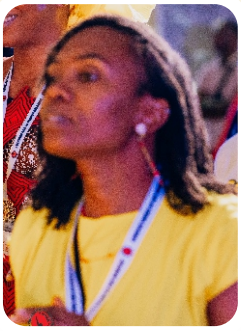
JOHN 2:5 AMPC | LUKE 11:28 TPT

Throwback lane


















Throwback...



EXCEEDING GRACE 2015



NEW BEGINNINGS 2016



THY KINGDOM COME 2017



DOMINION 2018



COUNT YOUR BLESSINGS 2019



FEAST OF JOY 2021



JOY OF OUR SALVATION 2022



I WILL GIVE YOU REST 2024



DO IT RIGHT 2025



PRAISE THE LORD O MY SOUL 2026

AWOGM

BISHOP'S CORNER

"A BISHOP then must be blameless, the husband of one wife, temperate, sober-minded, of good behavior, hospitable, able to teach; not given to wine, not violent, not greedy for money, but gentle, not quarrelsome, not covetous..."

1 Timothy 3:2-3

CONFESSIONS FOR OUR BISHOPS

I Timothy 3:1-7 NKJV

I AM A BISHOP
I desire only good work
I am blameless
I am the husband of one wife
I am temperate
I am sober-minded and of good behavior
I am hospitable and able to teach
I am not given to wine, I am not violent
I am not greedy for money
I am gentle, not quarrelsome, not covetous
I rule my house well, having my children
in submission with all reverence
I am not a novice
I am not puffed up with pride
I have a good testimony, I shall therefore not
fall into reproach and the snare of the devil

It gives me great pleasure to share my joy with the Anointed Women of God Fellowship.

Inspired by a gentle leader who was moved to know her Maker better and to share that abiding passion with a constellation of like-minded sisters, it has grown beyond all expectation — from a club to a fellowship, a ministry, an outreach, and a sanctuary for the challenges of humanity.

Facing, with the anointed fragrance of frankness, the difficult issues of life that beset us — marriage, children, career, money, health, bereavement, and emptiness — the ministry has given balm and repose to many, and its work is highly appreciated.

As a husband and bishop, you cannot escape the attention of their incessant prayers, nor fail to be drawn to it as dawn breaks, when after the silence of the night you hear this melodious chorus of ardent women expressing the divine emotion of gratitude to our Maker, and covering all loved ones with the garments of the simple blessings of Christ.

The introduction of the newsletter is most welcome. It communicates testimonies, information, and thoughtful ideas about God's Word and works that alter minds and hearts for the better — akin to a legislature, but more compelling than a legislature, because you are not forced by law. You elect to walk the path of faith in an informed and voluntary fashion.

I thereby conclude by encouraging you, as you have brought value to our lives, as you have done to many others.

God bless.

DEMOLA AKINRELE (SAN)

Evangelism & Outreach News







Evangelism Arm activities of the Annointed Women of God Ministry (AWOG) is made up of the Street Evangelism , compassionate visits to the Old People's Home , visits to the Ikoyi Correctional Centre , support to the Badagry female Correctional Centre , Outreach to the Kirikiri female Correctional Centre and fellowship with Annointed Women of God (Onikan Annexe)

2026 UPDATE

STREET EVANGELISM

This is all about the Great commission “Go ye out into the world and preach the gospel to every creature “ as mandated in Mark 16:15 .
Street Evangelism is held 2nd Saturday monthly aside from the 1st month of the year when we have our online pep talk with one of our external evangelists .

On days when Marathons are held and Government restricts movements and days of heavy downpour we have our general online prayers or members are encouraged to evangelize within their communities . As many of us that are able to join the core team monthly move out in pairs armed with Bibles and tracts .
We have given out a lot of Bibles to date and continue to keep our stock buoyant with Bibles for our converts and those desiring them . We sometimes bless the people we talk to with funds privately and as a fellowship .

This year 2026 we have preached around the Dolphin axis only as Ijeh area is under heavy construction works .
By grace we have had the opportunity to speak to about 175 people … some gave their lives, some asked for specific prayers , some rededicated their lives .



Follow up is done by all the members that went out for the month activity . God has helped us thus far and more AWOG members are excitedly joining us which is very encouraging for us all.

In 2026 we have recorded a rise from last years figure of 133 inspite of the persistent rains this year which impacted on our ability to go out on certain occasions but God still led us to interact with more people because more women are actually supporting the expression and coming out to evangelize to the glory of God .



OLD PEOPLES HOME AT REGINA MUNDI AGEGE MOTOR ROAD MUSHIN

Visits to the Old People's Home in Regina Mundi Mushin are now done on quarterly basis as part of our compassion for the Elders evangelism outreach. We usually visit the 3rd Saturday of the quarter and are with them for about an hour to give other groups a chance to fellowship with them too.

We have praise worship sessions, share the Word and pray with them. We give them 3 months supplies of toiletries, some food items, large print Bibles and pay for their DSTV subscription.

At the end of the year, we buy clothes (Ankara) for them and also for people taking care of them.
During the Easter and Christmas seasons, we take cooked food to them and we generally have a fellowship party where some of our members Mothers join us and them to have some fun time. Unfortunately this year 2026 we lost about 3 of our senior citizens to old age related diseases.

THE IKOYI CORRECTIONAL CENTRE (PRISON MINISTRY) BADAGRY FEMALE CORRECTIONAL CENTRE KIRIKIRI FEMALE CORRECTIONAL CENTRE OUTREACH

The Ikoyi correctional centre for men is the prison ministry which Anointed women of God ministers to. This is done in conjunction with the Fountain of Life Church (TFOLC). We visit the centre last Friday of every month to encourage, pray and minister the Word of God to inmates.
AWOG takes food or other necessities to the inmates.

Last year we paid for some inmates GCE examinations and from the follow up with their performances, they are doing well and we pray they would be fostered to the next level .

We also had an outreach at the Kirikiri female correctional centre at the end of last year which was very successful and fulfilling to everyone that attended.



We look forward to repeating same this year 2026. We also support the Badagry female correctional centre with bags of Rice regularly through TFOLC.
AWOG lifts up the inmates in prayers regularly.

THE ONIKAN FELLOWSHIP (NOW KNOWN AS ANNOINTED WOMEN OF GOD MINISTRY (AWOGM)- ONIKAN ANNEXE.

In obedience to the Great Commission, our team evangelized a group of women in the Onikan area in 2022. Today, those seeds sown have germinated into a thriving fellowship of about 10 women who consistently gather for Bible study and prayers with some of our members.

The AWOGM (Onikan Annexe) has become a testament to God's faithfulness and the power of community. Three women from the larger AWOGM group meet with them every Tuesday, fostering a spirit of unity and mutual support. Through these gatherings, God is glorified, and the women are encouraged in their walk with God.

The AWOGM - Onikan Annexe serves as a shining example of how God can transform lives and communities through the power of prayer, Bible study, and fellowship. Their story inspires us to continue sharing the Gospel and nurturing new believers, that they may grow into mature followers of Christ.

Easy Oatmeal Flat Bread

You can make a quick, 3-ingredient oatmeal flatbread on the stovetop using
1 cup of rolled oats,
1 cup of warm water, and a pinch of salt.



INGREDIENTS

- Rolled oats: 1 cup (ground into oat flour or blended)
- Water: 1 cup of warm water
- Salt: A pinch (about 1/2 teaspoon)
- Optional mix-ins: A pinch of sesame seeds, garlic powder, or olive oil for the pan

INSTRUCTIONS

1. Blend the oats: Put the rolled oats, warm water, and salt into a blender. Blend until the mixture is completely smooth.
2. Rest the batter: Let the batter sit and soak for 10 to 15 minutes so the oats soften up.
3. Heat the pan: Warm a non-stick pan over medium heat. You do not need to add oil.
4. Pour and cook: Pour a small circle of batter onto the hot pan. Cook for about 1 to 2 minutes until the edges look dry and the surface is set.
5. Flip and finish: Flip the flatbread over. Press it gently with a spatula so it puffs up slightly, and cook for another 1 minute until golden

AWOGM Recipes

Glowing Skin Smoothie

This glowing skin smoothie is not only energy boosting and delicious, it contains ingredients known to keep skin healthy.

INGREDIENTS:1/2 cup plain coconut water (or more as needed), 2 frozen bananas (previously peeled and sliced), 1 cup chopped pineapple (frozen or fresh), 1 cup chopped mango (frozen or fresh), 2 cups spinach or kale1/2 avocado, sliced

Optional: 1 Tablespoon ground flax or flaxseed oil. Cook Mode Prevent your screen from going dark

INSTRUCTIONS:

Make sure you have a strong, powerful blender. Add all of the ingredients to the blender in the order listed. Blend on high for at least 3 minutes or until smooth. Add more coconut water if needed to thin out. Scrape down the sides of the blender as needed.



AWOGM

Faith on the Fairway

BY: YOMI SHO-SILVA

"Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So, glorify God in your body." ***1 Corinthians 6:19–20 (ESV)***

FAITH ON THE FAIRWAY: MEET THE AWOGM GOLFING LADIES

Women of faith. Women of purpose. Women who golf. When people think of the women of AWOGM, they picture prayer meetings, Bible study and open-air evangelism. All of that is true. But there is another side to us that makes us laugh louder and walk farther: we golf.

Who We Are

The AWOGM Golfing Ladies are a vibrant group of women who belong to various golf clubs across Nigeria, mainly Ikoyi Club. Each of us has her own handicap and her own favourite excuse for a missed putt. What brings us together is a shared love of the game and a shared faith.

We play mainly in Nigeria, on the fairways we know and love. Over the years we have also made it a point to build golfing holidays into our calendar, travelling together to new courses, new scenery and new memories. These trips have become some of the most treasured moments of our year.

We Don't Just Pray. We Play.

There is a belief in some quarters that a life devoted to the Word has no room for leisure. We respectfully disagree. The same Scripture that calls us to study, pray and share the gospel also reminds us that the body is a temple and that there is a time for every purpose under heaven. A time to labour, and a time to laugh.
Golf is not a distraction from our walk with God. It is another place where that walk shows. On the course we practise patience, honesty, humility and grace, the same virtues we pray for on our knees. And let's be honest: nothing teaches humility quite like a ball that lands in the bunker for the third time.

The Benefits of Golf

Physical health. *A round of golf means several kilometres of walking, plus the swing itself, which works the core, back, arms and legs. It is gentle on the joints, which makes it ideal for women of every age and fitness level.*

Mental well-being. *Fresh air, green spaces and the focus the game demands are a wonderful antidote to stress. For a few hours, the phone goes quiet and the mind rests.*

Friendship and fellowship. *Four or five hours on the course is time to talk, share, encourage and pray for one another. Some of our deepest conversations have happened between the seventh and eighth holes.*

Discipline and character. *Golf is honest. You keep your own score and you play the ball where it lies. It builds integrity, patience and resilience, and teaches you to take each shot as it comes.*



A sport for life. *You can start at any age and keep playing for decades. Every round is a chance to improve, and every improvement is a small victory.*

Opportunities to witness. *The course opens doors. Relationships built over a round of golf often lead to conversations that a church hall never could. Our joy, our conduct and our kindness speak for us.*

More Than a Game

For the AWOGM Golfing Ladies, golf is fellowship in motion. It keeps us healthy, connects us with one another and with women from many clubs, and reminds us that a joyful life is part of a faithful life.

So yes, we pray. We study. We evangelise. And on a good morning, with the sun coming up over the fairway, we tee off too.









Interested in joining us?

Come and play. You will be most welcome.


AWOGM
Somewhere in the
World





AWAGM

ANOINTED WOMEN OF GOD MINISTRY

2 TIM 3:16-17 (AMP)

MEDICAL

AWGM MEDICAL

NUTRITION



With: **Dr. Judith Romeo** *PhD Lifestyle Medicine*

Do we sometimes get tired of what we should be eating? Do we sometimes get fed up with trying to eat right? Why do we get tired of counting calories, eating foods we don't really enjoy, or feeling guilty after finishing a meal? Is it keto today? Starvation tomorrow? Or even fasting only because we feel Obese.

Think about this for a second. Have you ever thought, "That person ate so clean and passed away from an heart disease anyway?"

'That person was strict on his/ her diet but has a chronic illness now' Or perhaps you have quietly wondered, "Why isn't food fun anymore, like it used to be growing up"

Why has something that was created to nourish us become a source of stress, fear and guilt? And yes, to be sincere, women over 40 are thinking deeply about these issues.

They just don't always say it out loud. Maybe you are one of them. Let me make this easy for you. Food does not have to be a challenge and Nutrition is more than food.

So, how would you define nutrition?
The dictionary defines nutrition as the process of providing or obtaining the food necessary for health, growth and nourishment.

Note the word **'FOOD'**

WHAT IS FOOD? This is not just what goes in your mouth!!
Nutrition is a combination of so many great benefits to the physiology of the body

Examples of Nutrition
Standing still, Praying, reading, water, protein, carbohydrates, studying, singing, healthy fats, greens and fruits, movement, quality sleep. peace, laughter, forgiveness, joy, friendship, connections, rest, purpose, writing, sports.

And my list goes on and on. Because what if nutrition isn't simply about what you put on your plate?

What if it is also about how you nourish your whole self? Your body, Your mind, Your emotions, Your relationships, Your environment, Your daily habits.

For women over 40, perhaps the conversation needs to change.

Instead of constantly asking: ***"What am I allowed to eat?"***
Maybe we should begin asking: *"What does my body need to thrive?"* Because nutrition should not leave you feeling defeated. It should leave you feeling nourished, strengthened and supported. You don't need another diet that makes you afraid of food. You need to understand your body, listen to it, make friends with it and learn how to nourish it with wisdom.

So today, I want you to pause and think about this:

How would YOU define nutrition? Not the textbook definition. Not the latest diet. Not what social media says.

What is nutrition to you? Nutrition is not the same to everyone. Your nutrition needs are different from your sister's nutrition needs. Food needed for your body is not the same needed for my body.

FOOD FOR THOUGHT
The body repairs itself . The body needs to be in a state of WELLNESS. The journey to better health begins when we stop asking,

"What should I take away from my diet and start asking,
"What can I give my body so it can thrive?"

Nutrition enables Energy and metabolism.

Great numbers emerge from good Nutrition. These numbers will fall under Cystatin, A1C, Morning Cortisol, Triglycerides:HDL, LDL Cholesterol, Hormonal Communication , Cardiovascular resilience and much more .



FAITH & EMOTIONAL WELLBEING

"I'm Fine, Thank God"

Making Room for Emotional Honesty in a Life of Faith

with **- Audrey Abayomi GMBPsS**
Psychologist / Counsellor/Life Coach (NLP)
MSc Applied Psychology, BSc Psych, PgD Counselling, PgD Child Psychology

How are you?" "I'm fine, thank God." It is such a familiar response, particularly within our Christian communities. And sometimes it is completely true. We are well, we are grateful, and God has indeed been faithful.

But sometimes, "I'm fine, thank God" means something else. It can mean, *"I'm struggling, but I don't know how to talk about it."* Or, *"I'm overwhelmed, but I don't want to burden anyone."* Sometimes it simply means, *"I don't think I'm supposed to admit that I'm not okay."*

As a mental health therapist, psychologist and a woman of faith, I believe our spirituality can be an extraordinary source of strength, hope and resilience. But I also believe we must be careful that the language of faith does not become a way of moving past difficult emotions before we have acknowledged them.

Psychologically, there is an important difference between **regulating our emotions and suppressing them**. Emotional regulation allows us to recognise what we are feeling, understand it and respond thoughtfully. Suppression asks us to push those feelings away, often because they feel uncomfortable, inconvenient or somehow unacceptable.



Many women become particularly good at this. We are wives, mothers, daughters, professionals, carers, friends and women of faith. We keep functioning, we show up, we support everyone else, and because we are still managing our responsibilities, we assume we must be fine.

But **functioning is not always the same as flourishing**. Our emotions do not disappear simply because we refuse to acknowledge them. Unprocessed stress may eventually show itself through irritability, exhaustion, difficulty sleeping, emotional withdrawal, resentment or simply the persistent feeling that something is not quite right.

Interestingly, Scripture itself gives us permission to be emotionally honest. In Psalm 42:11, the psalmist asks, *"Why, my soul, are you downcast? Why so disturbed within me?"* He acknowledges what is happening internally before turning towards hope. There is something psychologically important in that sequence: **acknowledgement before reassurance**.

Acknowledging fear does not mean allowing fear to control us. Admitting that we are overwhelmed does not mean we lack faith and saying, "this hurts," does not mean we have stopped trusting God.

Psalm 62:8 beautifully brings the two together: *"Trust in him at all times… pour out your hearts to him."* We are invited to trust **and** to pour out our hearts. Perhaps we can extend that same permission to one another.

When someone tells us she is struggling, we do not always need to immediately respond with, "It is well," "Just pray about it," or "God is in control." These are all true, but sometimes truth delivered too quickly can unintentionally silence rather than comfort. Sometimes the more helpful response is simply, *"That sounds difficult. Tell me more."* Prayer and psychological support do not have to compete. We can pray and speak to our doctor, we can trust God and seek counselling, and we can have faith and acknowledge that we are exhausted. Seeking appropriate support is not evidence that our faith has failed.

And perhaps this is particularly important as we reflect on the words, **"Praise the Lord, O my soul."** Praise does not require pretence. We bring our whole selves before God: the grateful parts, the hopeful parts, the disappointed parts and sometimes the exhausted parts. So perhaps the next time someone you trust asks, "How are you?", pause before giving the automatic answer. Maybe you really are fine. Wonderful. Thank God. But perhaps the more truthful answer is, *"I'm grateful, but I'm tired."* Or, *"I trust God, but this season has been difficult."* Or even, *"I'm praying, but I think I need some support."*

There is room in a life of faith for those sentences too. We can praise God and still acknowledge that something hurts. We can be resilient and still need help, and we can trust God without pretending that everything is fine. Sometimes one of the most honest expressions of faith may simply be: **"I'm not fine today. But thank God, I don't have to pretend that I am."**

...through the years

Praise THE LORD O My Soul!

PSALM 150:6 AMP/TPT

DO IT RIGHT

JOHN 2:5 AMPC | LUKE 11:28 TPT

THEME I Will Give YOU REST

Matthew 11:28-30 MSG
Exodus 33:14 AMP

WE SAY Yes LORD

Then I heard the Lord saying "Whom should I send to my people? who will go to represent us?" I spoke up and said "I will be the one send me"

– Isaiah 6: 8 TPT

THE JOY OF OUR Salvation

Ephesians 2: 8-10

FEAST OF JOY

REJOICE and Remember

Deut. 10:21 AMP

COUNT YOUR BLESSINGS

Past, Present & Future

Psalm 126:2-3 (TPT)

DOMINION

LUKE 22:29

Thy Kingdom come

Luke 17:21

New Beginnings

Exceeding Grace

THANKSGIVING

Always Under His Grace & Mercy

BIBLE STUDY *Nuggets*

MARK 1: 29-45

- Anybody that comes our way, whether by our character or by our word, let them know what you stand for, that you belong to Jesus.
- Do we tell God about other people? It should be part of our duty to pray for our families. We should always bring their cases before God, with Him nothing is impossible.

MARK 6: 1-29

- Check your hearts- you may lose out on blessings when you are looking at people with disdain. Do not look down on anybody. Be mindful and do not judge people.
- Be ready to forgive always. When faced with situations, you should be able to go back to the Holy Spirit to help discern on what to do about it. He has the full picture and can guide us on what to do.

MARK 9:30-50

- This reading encourages us to embrace our individual gifts without comparing ourselves to others.
- We are to live in the consciousness that Jesus has given us all the resources of heaven to help us succeed in life.
- We must learn to be diligent in all that we do in service to God.

MARK 14:43-72

- We should try to be faithful as Jesus was and guard our hearts against compromise.
- Trust God's plan even when circumstances are difficult.
- Chapter 14 is a complete detail of every aspect of our life from sin to unforgiveness, healing, fear, love and sorrow. All of these things impact and surrounds our relationship with our Lord and Savior, Jesus.



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Truth About Thoughts



Blasphemous Thoughts

2 Cor10:4-5 *"We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ.*



Condemning Thoughts

Rom 8:1 *"Therefore there is now no condemnation for those who are in Christ Jesus". .*



Confusing Thoughts

1 Cor.14:33 *"for God is not a God of confusion but of peace, as in all the churches of the saints."*



Fearful Thoughts

2 Tim 1:7 *"For God has not given us a spirit of fear, but of power and of love and of a sound mind.* ***NKJV Rom 8:15*** *For you have not received a spirit of slavery leading to fear again, but you have received a spirit of adoption as sons by which we cry out, " Abba! Father!"*



Haughty (Prideful)Thoughts

Phil 2:3-4 *"Do nothing from selfishness or empty conceit, but with humility of mind regard one another as more important than yourselves; 4 do not merely look out for your own personal interests, but also for the interests of others.*



Lying Thoughts

Lying Thoughts - Eph 4:25-26 Therefore, laying aside falsehood, SPEAK TRUTH EACH ONE of you WITH HIS NEIGHBOR, for we are members of one another. John 8:44-45 " You are of your father the devil, and you want to do the desires of your father. He was a murderer from the beginning, and does not stand in the truth because there is no truth in him. Whenever he speaks a lie, he speaks from his own nature, for he is a liar and the father of lies."



Obsessive Thoughts

- Phil 4:6-7 *"Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the peace of God, which surpasses all comprehension (need to figure it out), will guard your hearts and your minds in Christ Jesus."*



Negative Thoughts

Rom 8:28 *"And we know that God causes all things to work together for good to those who love God, to those who are called according to His purpose."*



Jealous Thoughts

James 3:14-16 *"But if you have bitter jealousy and selfish ambition in your heart, do not be arrogant and so lie against the truth. 15 This wisdom is not that which comes down from above, but is earthly, natural, demonic. 16 For where jealousy and selfish ambition exist, there is disorder and every evil thing.*



Thoughts of Guilt and Shame

Gal 3:13 Christ redeemed us from the curse of the Law, having become a curse for us--for it is written, "CURSED IS EVERYONE WHO HANGS ON A TREE"—Heb 12:1-2 Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us, 2 fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God."



Suicidal Thoughts

John 10:10 *"The thief comes only to steal and kill and destroy; I came that they may have life, and have it abundantly. Luke 9:56 for the Son of Man did not come to destroy men's lives, but to save them."*



Fantasy Thoughts

Act 17:24-27 *"The God who made the world and all things in it, since He is Lord of heaven and earth, does not dwell in temples made with hands; 25 nor is He served by human hands, as though He needed anything, since He Himself gives to all people life and breath and all things; 26 and He made from one man every nation of Mankind to live on all the face oldie earth, having determined their appointed times and the boundaries of their habitation, Ps 139:1-6 0 LORD, You have searched me and known me. 2 You know when I sit down and when I rise up; You understand my thought from afar. 3 You scrutinize my path and my lying down, And are intimately acquainted with all my ways. 4 Even before there is a word on my tongue, Behold, 0 LORD, You know it all. 5 You have enclosed me behind and before, And laid Your hand upon me. 6 Such knowledge is too wonderful for me; It is too high, I cannot again to it."*



Perfectionist Legalistic Thoughts

2 Cor3:5.6 *"Not that we are adequate in ourselves to consider anything as coming from ourselves, but our adequacy is from God, 6 who also made us adequate as servants of a new covenant not of the letter but of the Spirit; for the letter kills, but the Spirit gives life. "*



Unprotected Thoughts

2Thess 3:1-3 "*Finally, brethren, pray for us that the word of the Lord will spread rapidly and be glorified, just as it did also with you; 2 and that we will be rescued from perverse and evil men; for not all have faith. 3 But the Lord is faithful and He will strengthen and protect you from the evil one."*



Religious Thoughts

Gal 1:6-10 *" am amazed that you are so quickly deserting Him who called you by the grace of Christ, for a different gospel; 7 which is really not another; only there am some who are disturbing you and want to distort the gospel of Christ. 8 But even if we, or an angel from heaven, should preach to you a gospel contrary to what we have preached to you, he is to be accursed! 9 As we have said before, so 1 say again now, if any man is preaching to you a gospel contrary to what you received, he is to be accursed! 10 For am I now seeking the favor of men, or of God? Or am I striving to please men? If I were still trying to please men, I would not be a bond-servant of Christ."*



Thoughts of Regret

Jer 29:11-12 *"For I know the plans that I have for you,' declares the LORD, 'plans for welfare and not for calamity to give you a future and a hope."*



Distracting Thoughts

1Peter 1:13-14 *"Therefore, prepare your minds for action, keep sober in spirit, fix your hope completely on the grace to be brought to you at the revelation of Jesus Christ."*



Defensive Thoughts

1Peter 5:6-8 *"Therefore humble yourselves under the mighty hand of God, that He may exalt you at the proper time, 7 casting all your anxiety on Him, because He cares for you."*



Angry Thoughts

Eph 4:31-32 *"Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. 32 Be kind to one another, tender-heaved, forgiving each other, just as God in Christ also has forgiven you."*



People Pleasing

Gal 1:10 *"For am I now seeking the favor of toe, or of God? Or am I striving to please men? If I were still trying to please men, I would not be a bond-servant of Christ."*



Thoughts of Loneliness

Rom 8:38-39 *"For I am convinced that neither death, nor life, nor angels, nor principalities, nor things present nor things to come, nor powers, 39 nor height, nor depth, nor any other created thing, will be able to separate us from the love of God, which is in Christ Jesus our Lord."*

Unknown Author

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2 TIM 3:16-17 (AMP)

2027 OUR YEAR OF

Unadulterated Praise and Worship

Let everything that has breath and every breath of life praise the Lord! Praise the Lord! (Hallelujah!)

PSALMS 150:6 (AMP)

AWOGM

2 TIM 3:16-17 (AMP)

Join us online for

PRAYERS



JOIN US EVERY

Mon - Sat | Prayer Watch
Every 3 Hours, for 10 mins
From 12 Midnight

Wed | Fellowship
9:00AM - 12:00PM

Thurs | General Prayers
9:10PM - 9:30PM

Fri | Prayer for Nigeria
8:00PM - 9:00PM

2ND Sat | Evangelism
**Meeting at Dolphin* 9:30AM*

3RD Sat | Evangelism
**Elderly People's Home*
in Mushin 10:00 AM

Come and be Blessed

Closing Exhortation & Call to Action

Our scripture for the fellowship is
2 Timothy 3:16-17

"All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work."

Let us be intentional about studying and living by God's Word.

The Scriptures are not just stories or lessons from the past—they are God's living voice to us today.

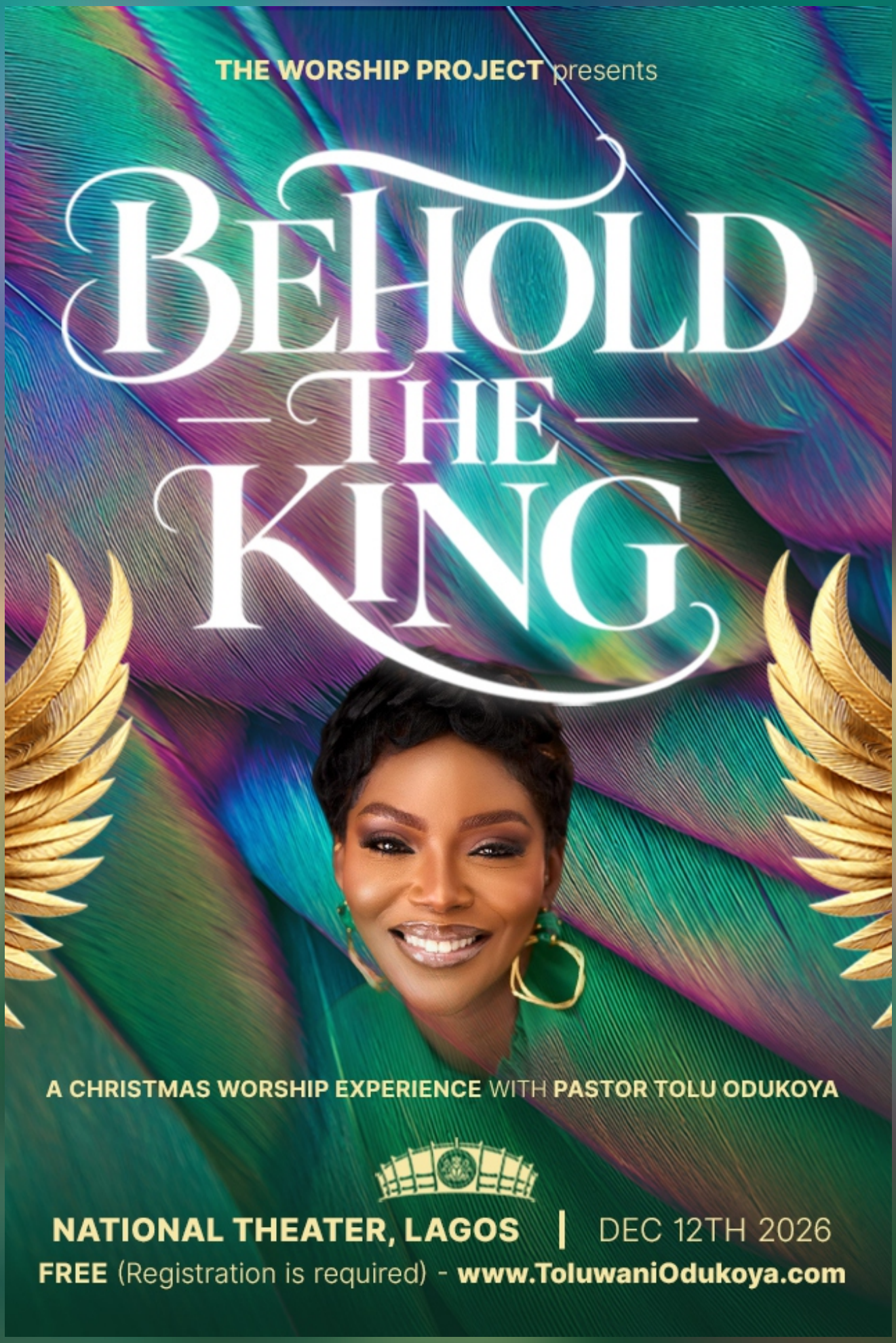
As believers, we are called to read, meditate, and apply His Word daily, allowing it to shape our thoughts, actions, and character.

Let us commit ourselves to grow in the knowledge of Scripture so that we may be fully equipped to do every good work and fulfill God's purpose in our lives.

Fellowship With Us via Zoom On Wednesdays

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2 TIM 3:16-17 (AMP)

Confession

We do not lack any spiritual gift
or Christian grace because the Holy Spirit
has established us to the end.
He keeps us steadfast, He gives us strength
and guarantees our vindication in all
situations and circumstances.
He is our warrant against all accusations
or indictments, so that we remain guiltless
and irreproachable in the day of
our Lord Jesus Christ.

1Cor. 1:7-8

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